



# Andhra Christian College, Guntur.

(Day, Evening & P.G)

**2(A) ARMD SQN & 25(A) BN NCC UNIT, GUNTUR**

## CIRCULAR

Date: 20/06/2019

This to inform the NCC Cadets that “**Yoga Day**” is going to be celebrated in our college on **21-06-2019**. All the NCC Cadets of our College are instructed to attend this Programme without fail.

PRINCIPAL  
ANDHRA CHRISTIAN COLLEGE  
(Day, Evening & P.G)  
GUNTUR



**Andhra Christian College, Guntur.**  
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## **YOGA DAY CELEBRATIONS**





## **Andhra Christian College, Guntur.**

(Day, Evening & P.G)

### **2(A) ARMD SQN & 25(A) BN NCC UNIT, GUNTUR**

Name of the Activity : **Yoga Day Celebrations**  
Date : 21-06-2019  
Organizer : C/T. K. Ravi  
No of Participants : 20

#### **Introduction:**

International Yoga Day, celebrated on June 21st each year, is a global event that promotes the practice of yoga and highlights its numerous health benefits. This report outlines the International Yoga Day celebrations conducted at Andhra Christian College in Guntur, led by the college's Principal DR, K. MOSES. The event aimed to create awareness about yoga and encourage its adoption among the college community.

#### **Objective of the Event:**

The primary objective of the International Yoga Day celebrations at Andhra Christian College was to promote the practice of yoga and emphasize its importance for physical, mental, and spiritual well-being. The event aimed to create awareness about the benefits of yoga and encourage its regular practice among the faculty, staff, and students of the college.



Estd. 1885

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List of the Cadets participated

YOGA DAY 21-06-2019

S. No.	Name of the Cadets	Program	Signature
1	J Srikanth	II B.A	J. Srikanth
2	G Surendra	II B.A	G. Surendra
3	P Dayanand	II B.Com	P. Dayanand
4	V Vamsi	II B.Sc	V. Vamsi
5	K Prasanna Kumar	II B.Sc	K.P. Kumar
6	G Venkata Gopala Krishna	II B.Com	G.V.G. Krishna
7	T Ramakrishna	II B.Com	T. Ramakrishna
8	V Joseph Raju	II B.Sc	V. Joseph Raju
9	Sk Moulali	II B.Com	SK. Moulali
10	S Ajay Kumar	II B.Sc	S. Ajay Kumar
11	O Prem Kumar	II B.Sc	O. Prem Kumar
12	B Siva Mani	II B.A	B. Siva Mani
13	A Nagateja	II B.A	A. Nagateja
14	D Akhil Babu	II B.Sc	D. Akhil Babu
15	P Kiran Kumar	II B.Sc	P. Kiran Kumar
16	N Narendra Kumar	II B.A	N. Narendra Kumar
17	D Manoj	II B.Com	D. Manoj
18	N Yehoshuva	II B.Sc	N. Yehoshuva
19	T Purnachandra Babu	II B.Com	T.P. Chandrababu
20	S Chiranjeevi	II B.A	S. Chiranjeevi